

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: AST

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bahnmüller Jana HEADCOACH

Coaches: Bahnmüller Michael

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 65: 400M MEDLEY MEN 15-16							Heat:1, starttime: 14:30	
Heat: 1/2 Lane : 4 Athlete: CHERRETT� BALDER							Q-time: 04:59:63	
PB (25m pool): 04:59.63 EEKLO 04/10/2026				PB (50m pool): 05:04.99SB: 04:59.63 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:11.09		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:59.63
								

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16										Heat:3, starttime: 15:19	
Heat: 3/5 Lane : 1 Athlete: GUISSET JELLE										Q-time: 00:30:98	
PB (25m pool): 00:31.37 Sint-Amandsberg 18/10/2026										PB (50m pool): 00:30.98 SB: 00:31.37 Sint-Amandsberg 18/10/2026	
	2 5 M		5 0 M								
PB			00:31.37								
			00:31.37								
											

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16							Heat:4, starttime: 15:20			
Heat: 4/5 Lane : 7 Athlete: MAES NOOR							Q-time: 00:30:73			
PB (25m pool): 00:31.11 EEKLO 04/10/2026				PB (50m pool): 00:30.73 SB: 00:31.11 EEKLO 04/10/2026						
	2 5 M		5 0 M							
PB			00:31.11							
			00:31.11							
										

Coach feedback:

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Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:4, starttime: 15:28
Heat: 4/4 Lane : 5 Athlete: WACHTELAER CELLE					Q-time: 01:03:31
PB (25m pool): 01:03.31 Temse 17/11/2025			PB (50m pool): 01:05.75 SB: 01:04.35 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.63		01:03.31	
	00:30.63		00:32.68		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:4, starttime: 15:44
Heat: 4/8 Lane : 6 Athlete: CHERRETTé BALDER				Q-time: 00:56:77	
PB (25m pool): 00:56.77 T ROSCO 12/10/2025			PB (50m pool): 00:57.80SB: 00:56.83 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.36		00:56.77	
	00:27.36		00:29.41		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:2, starttime: 15:53
Heat: 2/7 Lane : 6 Athlete: MAES NOOR				Q-time: 01:03:08	
PB (25m pool): 01:02.28 Sint-Amandsberg 18/10/2026			PB (50m pool): 01:04.35SB: 01:02.28 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.27		01:02.28	
	00:30.27		00:32.01		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:4, starttime: 15:56
Heat: 4/7 Lane : 8 Athlete: GUISET JELLE				Q-time: 01:02:29	
PB (25m pool): 01:02.42 Sinbad 23/07/2024			PB (50m pool): 01:02.29SB: 01:02.80 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.42	
	no time				
					

Coach feedback: